



Heart of Texas Nationals and Rookie



Saturday, January 24, 2026

New arena location for 2026 only

Travis Co Exposition Center

7311 Decker Ln. Austin, TX 78724

ENTRIES: Limited to 1000 entries. Register online www.usawmembership.com. Early entry deadline midnight, Wed, Jan. 21, 2026. Late registration with additional \$10 fee thru 2:00pm Friday, Jan 23rd.

Entry questions - jimdorsey567@outlook.com

Heart of Texas Nationals - \$50.00/entry

Rookie Divisions - \$35/entry

DOOR ADMISSIONS: \$10; children 10&under free

RULES/WEIGHTS/DIVISIONS: - see www.txusaw.com. Rookie wrestler means no match any style, anywhere, before 3/15/25. Ineligible Rookie entries subject to deletion with no refund. Rookie tournament will be Madison bracketed into 8-16 man brackets whenever possible. No double entries allowed in Open. Wrestlers in Rookie & Girls may also enter Open division. Open weights <5 entries may be combined in round-robin.

COACHES: 2 coaches per corner on the mat. No parents allowed on the arena floor. Coaches' Passes: 1 per every 4 entries. Additional passes are \$20 each.

WEIGH-INS: *Wrestlers must bring copy of USAW card to weigh-in*

Rookie&Tots: Rookie and Tot *only* entries use Thursday club weigh-in per region policies. See USAW event page for full details. Coaches must enter weights by 10pm Friday, Jan 23.

Girls and Open: Friday, Jan. 23, @ Holiday Inn Midtown - 6000 Middle Fiskville Rd. Austin TX

7:00-10:00pm – Open to All wrestlers (including Rookie and Tots)

Saturday, Jan. 24 @ venue - 8:00-8:30am – Girls Session 1 wrestlers *only*

10:30-11:30am – Open D1-D5 Session 2 wrestlers *only*

WRESTLING SCHEDULE: Doors open at 8:00am Saturday

SESSION 1:

9:00am- ~1:30Pm

Open Divisions: Tots

Rookie Divisions: R1-R4

Girls Divisions: G1-G5

SESSION 2:

~1:30pm-6:30pm

Open Divisions: D1-D5

Tournament host may remove any person from facility for disorderly conduct, offensive language, or mistreatment of wrestlers or officials. TX-USAW abides by US Center for SafeSport requirements for protection of minor athletes.

2026 Heart of Texas ROOKIE and TOT Weigh-in Process

The Heart of Texas ROOKIE tournament is pleased to offer remote weigh-ins as a convenience to our TOT and ROOKIE-only wrestling families. This privilege allows Tot and Rookie wrestlers to weigh in at their club practices on Thursday evening or Friday morning rather than requiring a special trip to Austin for Friday night weigh-ins. Note, Tot and Rookie wrestlers ***CAN*** weigh-in at the host hotel on Friday night if that is convenient for them.

This privilege is built on a foundation of trust and integrity within our wrestling community. We are confident that our coaches and clubs will uphold the highest standards of honesty and sportsmanship for these weigh-ins.

Rookie Weigh-in Process:

1. Tot and Rookie wrestlers **may** weigh-in at their club -OR- at the host hotel on Friday night. Club weigh-ins only count for the Rookie tournament. Wrestlers double-entered in Girls or Open must also weigh-in at the tournament.
2. Clubs must request weigh-in credentials by emailing the designated coach name and USAW membership # to jimdorsey567@outlook.com
3. **ONLY** the designated club coach who holds current USA Wrestling Leader membership is authorized to conduct and record weigh-ins. Sharing weigh-in credentials is not allowed. All recorded weights must have a 2nd club representative as witness.
4. **Clubs may conduct their Tot and Rookie weigh-ins Thursday evening or Friday morning before traveling to the tournament.** All remote weights must be entered using the USAW weigh-in kiosk by **10pm, Friday, January 23.**
5. Wrestlers must weigh-in wearing a competition singlet -OR- gym shorts and t-shirt.
6. Coach must perform skin and nail check. Note, tournament referees will still have the final decision on skin concerns.
7. Random brackets will be selected for weight verification on Saturday. Wrestlers must be within 5% of their submitted weight.